East Park Primary School

Week commencing: 2 Nov, 16 Nov, 30 Nov, 14 Dec, 4 Jan, 18 Jan, 1 Feb, 15 Feb, 1 Mar, 15 Mar

Horizon Academy Trust

Week 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPTION 1	Chicken and pepperoni pasta bake (2,7) served with seasonal vegetables and garlic bread (2,7)	All day breakfast: Sausage (2,14), bacon, hash brown (2,7), Beans, tomato, bread and butter (2,13)	Chicken tikka masala (7) served with rice and garlic naan (2)	Roast chicken served with roast potatoes (14) or mashed potato (2,7), Yorkshire pudding (2,4,7) broccoli, baton carrots and gravy	Fish Friday (2,5) served with chips, peas or beans, bread (2,13) & butter
OPTION 2 (vegetarian)	Tomato pasta (2) served with seasonal vegetables and garlic bread (2,7)	Omelette (4) served with Quorn sausage (2), hash brown (2,7), beans, tomato, bread and butter (2,13)	Vegetable curry (7) served with rice and garlic naan (2)	Quorn sausage (2) served with roast potatoes (14), or mashed potato (2,7) broccoli, baton carrots and gravy	Cheese toastie (2,7,13) served with chips, peas or beans, bread (2,13) & butter
OPTION 3	Jacket potato served with a choice of filling: cheese (7), beans or tuna mayo (4,5) Sandwich (2,13): Ham, cheese (7) or tuna mayo (4,5) served with crisps and salad sticks				
DESSERT	Chocolate sponge (2,4,7,13) served with custard (7)	Iced lemon sponge (2,4,7,13,14)	Chocolate orange Jaffa sponge (2,4,7,13) served with custard (7)	Ice cream (7)	Cook's Choice of desserts (2,4,7,13,14)

***Water, milk (7), juice (14) jelly, yoghurts (7) and fresh fruit is available daily**

Allergens

*Key – Bread (2,13), wraps (2)



** Allergen free options on the above menu are also available